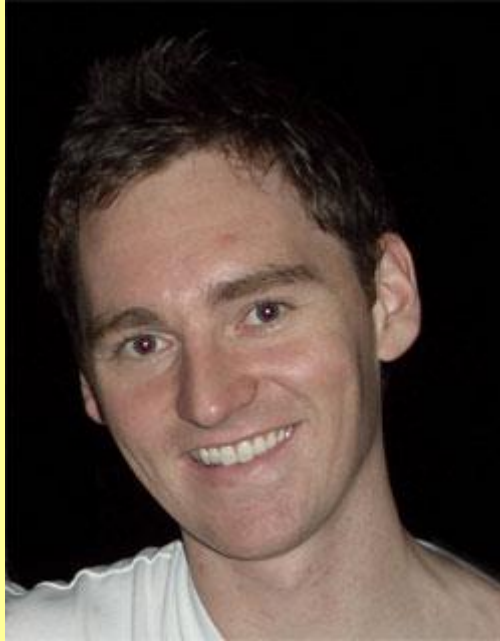


David McCabe



Some fact's at first...

- When and where were you born?

Dublin in 1981

- Your height?

6'4''

- What is your favourite food?

I like meat of any kind.

- Your favourite music?

I like all kinds of music but I would lean more towards old rock.

- Your favourite movie?

I don't have a favourite movie but I like comedies.

- Your favourite city / place in the world, you have visited so far?

Anywhere in Austria. It's such a beautiful country.

What's the most treasured moment in your life, so far?

Doing lead for the first time in Las Vegas in 1999. It was actually Don Dorcha, I played that role for years before I played the role of Lord.

About your family...

- Please tell us something about your parents - what do they do for their living? Do they dance as well?

My mam and dad don't do Irish dancing but they do a bit of swinging from time to time. My mam looks after the family and my dad's a retired fire officer.

- Do you have any brothers or sisters? How old are they? Do they dance, too? What do they do for their living?

I have 4 brothers and 4 sisters. My two younger sisters dance and one is in troupe 4.

- Is it hard for you, to be apart from your family for such a long time while touring? How often are you able to travel back home again?

It's not hard for me to be away from my family because I love what I do, and the guys here are like family to me anyway. I go home at the end of every tour.

- What do your family think of your job as a Show Dancer? Are they proud of you? How often do they visit you on tour and watch you dancing the Show?

My family loves me being in the Show because they can go to cool places and use me as an excuse. They come and see me as often as they can.

- There are a few relationships within the troupe – do you have a girlfriend?

Yes, Aisling Murphy.



About your beginnings...

- Why did you start Irish Dancing and when? Who taught you during all the time?

I started dancing when I was seven. And I joined because my sisters danced and I saw all the other girls who danced and wanted to join to meet them.

- How old have you been at your first competition?

7.

- Did you attend many championships as a competition dancer? Have you won?

I used to go every weekend. I won lots but to be honest I wasn't that good of a competition dancer because I used to get too nervous.

- What was it like to do competitions?

It was good fun, but the actual dancing part was nerve wrecking.

- What do you like more – Show Dancing or doing competitions? Why?

Definitely Show Dancing. I used to do dancing all my life for fun and now I get to do it for a living and see the world.



- Did you have any major injuries because of Irish Dancing?

Everybody gets the odd twinge here and there especially at the end of a tour. But thank God I've never had any major injuries... Nothing that I had to miss shows over.

- Did you learn other kinds of dance?

No.

Becoming a Show Dancer...



- Have you been with another Irish Dance Show, before you joined LotD?

No.

- Why did you choose LotD?

Because it's the Best.

- Have you seen the Show before you applied for auditions for LotD?

Yes.

- Do you remember what you have thought or felt during your auditions?

Yes, I felt that there were so many other good dancers there that I didn't stand a chance.

- When did you do your auditions and do you have to wait a long time until they called you to join the Show?

Did them in 1998 and had to wait a month.

- When did you join LotD? How old have you been?

In 1998 and I was 17.

Getting the Leading Part...



- Did you have to do auditions for your leading part, or did it just happen?

Yes, I auditioned for Don Dorcha years ago but playing the Lord just happened.

- Was it your idea of doing the lead or have you been suggested by somebody?

I really wanted to do it myself

- When did you start practising the leading part and who taught you to dance the Lord? How long did it take, to learn the leading part?

By the time I did good guy I knew all the steps already from watching it so much. But when I was going for it, I got help from all the Lords I was working with at the time and took different styles from them all.

- What was the hardest part to learn as a lead dancer?



The hardest thing to learn was to overcome nerves before going on stage and to learn to use the nerves instead of being overwhelmed by them.

- When and where did you first stepped on stage as Lord?

In Las Vegas about 3 years ago.

- Do you remember your feelings while doing the lead the very first time? Have you been nervous?



You don't remember much it's all kind of a blur, but I remember the excitement.

- Have you ever thought of doing the Bad Guy in the Show?

Used to do it for years.

Through the years with LotD ...

- Please describe your course of day while touring!

Travel all day, I get food when I get to the hotel, maybe take a run or work out before I have to go in. When I get in we rehearse until show time. Then I do the show, go home, get some food and go to bed.

- Do you like travelling to all those places around the world or is it hard work?

It's both. I like doing it but it's really hard.

- How much do you have to practice while touring?

A few hours a day.

- What is your favourite dance in LotD and in FoF (in Hard-/Softshoes) as a Lead Dancer and as a chorus dancer?

I like Warlords the best as I think it has some fantastic rhythms.



- How do you prepare for a show?

Lots and lots of stretching and warming up. You also must make sure you eat right during the day.

- Are you nervous before going on stage?

Always... You need a little bit of nerves.

Have you ever been with another Troupe? If so – when was it?

I was with troupe 3 for six years before coming to troupe 1.

- Is there a special diet, you have to follow?

I don't have a specific diet, but I do eat as healthy as I can. I don't eat any junk and I don't drink or smoke.

- How do you get so much energy for a show?

I train really, really hard.

Costumes & other equipment...

- Is it hard to handle the different sizes of stage in different cities?

No, because we all work so hard.

- How long does it take to get ready before the show?

A few hours.

- What is your favourite costume (in LotD / FoF - past and present)?



My Warlords costume. Because it stands out more than the rest of them.

- What are your favourite shoes to dance with?

Taps.

- Your shoe size?

13

- How often do you need new shoes (heavies and lights)? Do you have a special trick to break in new Heavies?

About every six months, I seem to go through them very quickly.

nowadays & in the future...

- Who do you most admire in the world of Irish Dancing and why?

Marie Duffy. Apart from Michael Flatley, she really shaped the show into what it is today. And that's really admirable.



- What do the dancers do, when they get a long tour-break? Staying at home or doing another job - maybe dancing in one of the other shows or joining another LotD-Troupe in the meanwhile?

I usually keep myself busy working on the family farm.

- How long do you plan to stay with LotD? Hopefully a long time!

As long as possible.

- What are your (dancing and non-dancing) plans for your future?

I hope to become a fireman someday.



- Is there something you want to tell your fans, who are visiting www.lordofthedance.at and <http://biography.lordofthedance.at> ?

In the words of Michael Flatley...

"Follow your dreams"

