

# Alice Reddin



## Some fact's at first...

- When and where were you born?

7th May 1982 in Hammersmith London.

- Your height?

5'5'

- What is your favourite food?

Indian Food.

- Your favourite music?

All different types, RnB when I'm out with friends and ecoustic type music when I'm listening at home or on the move.

- Your favourite colour?

Pink.

- Your favourite city / place in the world, you have visited so far?

## *I loved Singapore and New York.*

- Do you have any hidden talents, we don't know about?

## *No afraid not!*

- What's the most treasured moment in your life, so far?

*Probably dancing in some of the many huge venues around the world playing to brilliant audiences.*

## *About your family...*

- Please tell us something about your parents - what do they do for their living? Do they dance as well?

*My mum works with special needs children and my dad is a plasterer. They have never danced.*

- Do you have any brothers or sisters? How old are they? Do they dance, too? What do they do for their living?

*I have one sister, she is 25. She gave up dancing at about 11. She works in an investment bank in the city.*

- Is it hard for you, to be apart from your family for such a long time while touring? How often are you able to travel back home again?

*It can be difficult but its something you get used to being on tour. I get home every 8-12 weeks.*

- There are a few relationships within the troupe – do you have a boyfriend?

*Yes I do, he is a dancer but is no longer in shows. He is at home but he understands that I have to be away as he has done it himself,*

## *About your beginnings...*

- Why did you start Irish Dancing and when? Who taught you during all the time?

*I started when I was three at the Kennedy Academy until I was about 13. Then moved to the Aaron Crosbie Academy where I am still very much a part of.*

- How old have you been at your first competition?

About 6 years old.

- Did you attend many championships as a competition dancer? Have you won?

Yes I attended many competitions and won many regional championships as well as winning the All-Ireland Championships

- What was it like to do competitions?

It was very enjoyable. We would usually go as big group from the dancing school and often they would turn into a holiday!!!

- What do you like more – Show Dancing or doing competitions? Why?

Thats a very difficult question as the two are so different!!

- What is – in your opinion – the most important difference between Show dancing and competitions?

That's definately your posture. In show dancing you use your hands and your body as part of your performance whereas in competition dancing your hands are kept by your side and your back should be straight.

- Did you have any major injuries because of Irish Dancing?

Yes I broke a bone in my foot whilst rehearsing in Lord of the Dance.

- Did you learn other kinds of dance?

No.

### Becoming a Show Dancer...

- Have you been with another Irish Dance Show, before you joined LotD?

No

- Why did you change? / Why did you choose LotD?

Because it is the biggest dance show in the world and many dancers from my dancing school had joined and said it was brilliant!!!



- Have you seen the Show before you applied for auditions for LotD?

Yes I had seen it in Hyde Park, London

- Do you remember what you have thought or felt during your auditions?

I think I was very nervous and remember it being a very exhausting audition.

- When did you do your auditions and do you have to wait a long time until they called you to join the Show?

I did the audition in February 2001 and joined the show in April 2001.

- When did you join LotD? How old have you been?

April 2001, I was 18.

- Have you been called directly to T1 or did you have some training before?

I went directly to T1.

- Did you know some of the other troupe members before you joined?

Yes I already knew a couple of people.



- Please describe the feeling, to join an already existing troupe. Were you nervous or afraid not to meet the requirements?

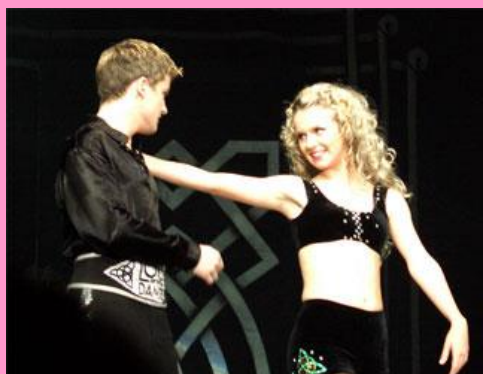
Yes it was very nerve racking but luckily I joined with about 6 other people so it was ok.

- Please describe your first day with your new troupe!

A very nervous day but I remember everyone coming to introduce themselves. We went straight to rehearsals but everyone was lovely and really helped us with all the steps.

- What was the hardest part to learn?

Probably Breakout as there is a lot of hand movements which is very different from competition dancing.



- How much time did you get to learn your routines, until you first danced on stage with LotD? What was the first part you were allowed to dance? When was it?

We didn't have very much time at all, it was a matter of days I think!! My first dance was Breakout and I did that 2 two days after I arrived in Zurich.

## Getting the Leading Part...



- Did you have to do auditions for your leading part, or did it just happen?

I auditioned for the part.

- Was it your idea of doing the lead or have you been suggested by somebody?

I was asked to audition by our choreographer.



- When did you start practising the leading part and who taught you to dance the good girl? How long did it take, to learn the leading part?

I started practising about a year after I joined the show with the help of Sarah Clark, Bernie Flynn and Emma Holtham.

- What was the hardest part to learn as a leading lady?

Probably just getting used to the fact that you are the only one on the stage.

- When and where did you first stepped on stage as Saoirse?

It was Disneyland, Paris in December 2002

- Who were your partners for this special show?

Michael Edwards was the Lord and I'm not sure if it was Kelly or LeighAnn.

- Have you ever thought of doing the Bad Girl in the Show?

I'd love to do the Bad Girl but I think I'm a good girl at heart!!!

- Who are you favourite dance partners when you are doing the lead?

That's too hard to say, but obviously I am so familiar with Kelly and Des that it makes life easier on stage and we usually have a lot of fun performing together!!



Through the years with LotD / FoF...

- Please describe your course of day while touring!

Get up usually between 6-9 o'clock to get on the bus for a few hours. Once we arrive at the hotel we would usually grab something to eat and a shower and then straight to the venue to line up the night's show. We would then run through and practise some of the numbers in the show to make sure they are perfect for the performance. Then get ready for the show and back to the hotel after to relax.

- Do you like travelling to all those places around the world or is it hard work?

Yes, it is a great way to see the world!!

- How much do you have to practice while touring?

Around 2 hours a day but it varies.

- What is your memorable moment with LotD / FoF?

Dancing in Madison Square Gardens with FoF was fabulous, and also dancing lead in the first T4 performance was a great buzz.

- Which Show do you personally like more – LotD or FoF?

Feet of Flames was brilliant because it was a massive production. It was very scary but everyone made me feel very welcome. But I am so familiar with LotD I will always have a soft spot for it.

- What is your favourite dance in LotD and in FoF (in Hard-/Softshoes) as a Lead Dancer and as a chorus dancer?

In LotD it is Stolen Kiss as a lead dancer and a chorus dancer. In FoF it was Girls Warriors.



- How do you prepare for a show?

After doing hair and makeup I then do at least 30 mins stretching and warming up.

- Are you nervous before going on stage?

Yes, all the time.



- Do you know the members of the other LOTD-Troupes? Have you ever been with another Troupe?

*Yes I know lots of people in the other troupes although I have never been with them.*

- Is there a special diet, you have to follow?

*No. I just try to eat a healthy balanced diet with lots of fruit and vegetables.*

- How do you get so much energy for a show?
- 



*By eating the right type of food before the show and drinking lots of water.*

### *Costumes & other equipment...*

- Is it hard to handle the different sizes of stage in different cities?

*Not really, its just one of the things you get used to.*

- How many different wigs / hair pieces do you have? How often do you get new ones?

*I have about 6 wigs and usually buy them every six weeks.*

- Have you ever danced a show without a wig / hair piece?

*Yes, only once or twice because I have very long thick hair.*

- How long does it take to get ready before the show (doing the make-up, hair, getting dressed and to warm up)?

*1-1 1/2 hours*

- What is your favourite costume (in LotD / FoF - past and present)?

*I love my lead Celtic dreams costume and the Girls Warriors costumes in FOF.*

- What are your favourite shoes to dance with?

*Soft Shoes*

- Your shoe size?

*5-6*

- How often do you need new shoes (heavies and lights)? Do you have a special trick to break in new Heavies?

*Soft shoes- about every 6-9 weeks, Hard shoes- every couple of years. Sometimes sitting in the bath in your new heavies helps break them in.*

*nowadays & in the future...*

- Who do you most admire in the world of Irish Dancing?

*My dancing teacher and Michael Flatley.*



- What do the dancers do, when they get a long tour-break? Staying at home or doing another job - maybe dancing in one of the other shows or joining another LotD-Troupe in the meanwhile?

Most of the dancers just relax, alot of them including myself will help teach with their dancing teachers.

- How long do you plan to stay with LotD? Hopefully a long time!

Who knows we will have to see!!!!

- What are your (dancing and non-dancing) plans for your future?

I am hoping to take my teachers exam soon and possibly go to university one day.

- Is there something you want to tell your fans, who are visiting [www.lordofthedance.at](http://www.lordofthedance.at) and <http://biography.lordofthedance.at> ?

Thank you for all their interest and support in me and in LotD. Its great to know that their are people out there that really appreciate what you do.

