

Aisling Murphy



Some facts at first...

- When and where were you born?

In County Cork in 1983.

- Your height?

5' 2"

- What is your favourite food?

My favourite food is roast potatoes with roast pineapples.

- Your favourite music?

I like all types of music, but I do love the Corrs (an Irish band).

- Your favourite movie?

My favourite movie is 'Hook'. I've loved it since I was a child.

- Your favourite city / place in the world, you have visited so far?

My favourite place would have to be Las Vegas.

- Do you have any hidden talents, we don't know about?

Nope.

- What's the most treasured moment in your life, so far?

The day I found out that I got into "Lord of the Dance".



About your family...

- Please tell us something about your parents - what do they do for their living? Do they dance as well?

My mom owns her own pub in Co. Kerry, she's never danced but my granny used to years back!

- Do you have any brothers or sisters? How old are they? Do they dance, too? What do they do for their living?

I have 1 brother, his names is Aidan. He's never danced but he loves football. He's new in his 3rd year in college.

- Is it hard for you, to be apart from your family for such a long time while touring? How often are you able to travel back home again?

I really hate being away from my family, but they try their best to come visit me.

- What do your family thinks of your job as a Show Dancer? Are they proud of you? How often do they visit you on tour and watch you dancing the Show?

My mom is so proud of me! She never wanted me to give up Irish dancing so she's so glad I got into the Show. I couldn't have done it without her!

- There are a few relationships within the troupe – do you have a boyfriend?

Yes, I have been going out with David (Big D) for 2 ½ years now!



About your beginnings...

- Why did you start Irish Dancing and when? Who taught you during all the time?

I started dancing at the age of 4, mum always wanted me to dance - she loves it! My Chris Ryan taught me most of my life!

- How old have you been at your first competition?

I was just 5 years old.

- What was it like to do competitions?

It was very nerve wrecking. I love dancing but I wasn't very competitive.

- What do you like more – Show Dancing or doing competitions? Why?

I love both and I get very nervous doing both but I definitely love being in the Show more. Its so much fun, I've made so many great friends.



- Did you have any major injuries because of Irish Dancing?

Never – touch wood. I try my best to warm-up and warm-down properly to prevent any injuries.

- Did you learn other kinds of dance?

No.

Becoming a Show Dancer...



- Have you seen the Show before you applied for auditions for LotD?

No. I had never seen it before I joined.

- When did you join LotD? How old have you been?

I joined on April 7th 2003. I was 19.

- Did you know some of the other troupe members before you joined?

Yes. I knew a lot of them from the Veags troupe.



Through the years with LotD / FoF...

- Please describe your course of day while touring!

Every morning when I get up I have to have breakfast, I don't function without food in the morning.

Then we get on the bus for a few hours and travel to our next hotel. When we arrive in our hotel we usually have time to get showered, eat a little, then into the venue!

We do rehearsals for a while then I spent loads of time doing my make-up and wig and then the show starts!

- Do you like travelling to all those places around the world or is it hard work?

Being in the Show has been such a great way of seeing the world, I love going to new places.

- How much do you have to practice while touring?

Whenever I get a chance which isn't often.

- Which Show do you personally like more – LotD or FoF?

Lord of the Dance.



- What is your favourite dance in LotD and in FoF (in Hard-/Softshoes) as a Lead Dancer and as a chorus dancer?

My favourite hard shoes would be strip-jig, because I love it being just all the girls on stage.



- How do you prepare for a show?

I like to take a long time with my wig and make-up because if I do it fast it goes all wrong and then between 45 mins – 30 mins before the show I stretch and warm-up.

- Are you nervous before going on stage?

Yes, I always have butterflies in my stomach before every show.

- Have you ever been with another Troupe? If so – when was it?

I was in Vegas for over a year and I also did spirit opening night in Troupe 4.

- Have you ever thought of doing one of the leading parts?

I would love to do good girl some day. I`m not flexible enough for bad girl.

- Is there a special diet, you have to follow?

No, I do like to eat a lot of fruit and drink a lot of water but my diet is pretty normal otherwise.

- How do you get so much energy for a show?

A good warm up and I always look out to the audience before the show starts its gets me excited.

Costumes & other equipment...

- Is it hard to handle the different sizes of stage in different cities?

No, it doesn` t really change the dancing for me!

- How many different wigs / hair pieces do you have?

I have so many I couldn` t remember. I love wearing brand new wigs. I don` t like when they get old.

- Have you ever danced a show without a wig / hair piece?

No, my own hair is not long enough.



- How long does it take to get ready before the show (doing the make-up, hair, getting dressed and to warm up)?

It takes me near enough 2 hours.

- What is your favourite costume (in LotD / FoF - past and present)?

I love the couples dresses, their so sparkly.



- What are your favourite shoes to dance with?

Light shoes, I have always preferred light dancing.

- Your shoe size?

- How often do you need new shoes (heavies and lights)? Do you have a special trick to break in new Heavies?

I hate breaking in heavies so only once a year for them, but I go through light shoes really fast. I don't like when they get loose.

nowadays & in the future...

- Who do you most admire in the world of Irish Dancing and why?

A young lad that used to be in my dancing school his name is Alan Kennefick. He's in Celtic Tiger now but he is the most amazing dancer, I've ever seen, he's so natural.

- How long do you plan to stay with LotD? Hopefully a long time!

As long as my legs last.

- What are your (dancing and non-dancing) plans for your future?

I would love to teach, hopefully and move back to Las Vegas one day.

- Is there something you want to tell your fans, who are visiting www.lordofthedance.at and <http://biography.lordofthedance.at> ?

"Follow your Dreams"

